

## Formulation and Optimization of Biodegradable Periodontal Chips Containing Metronidazole and Levofloxacin

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### Abstract

This research aimed to develop intrapocket, biodegradable chips of poly(D,L-lactide-co-glycolide) (PLGA) loaded with Metronidazole (MZ) and levofloxacin (LF), for sustained release local drug delivery in periodontal pocket to treat periodontitis. Metronidazole and levofloxacin are widely employed for the treatment of periodontitis, but high oral dose and resistance development after long-term oral administration limit their use, hence local delivery is a good approach. The chips were prepared by solvent casting technique using diethyl phthalate as plasticizer. Their physical characteristics, such as drug content, surface pH, swelling index, and folding endurance, exhibited results within limit. Further, FTIR and DSC studies revealed stability of chips and compatibility between drugs and excipients. In vitro release in McIlvaine buffer pH 7.8 was of sustained nature assisted by the burst effect. Design-Expert<sup>®</sup> (11.0.4) software was used to study the effect of polymer & plasticizer on release of drugs. Polymer concentrations negatively affected drug release and positively affected T<sub>90</sub> (time for releasing 90% of the drug) due to altered matrix density. In contrast, the plasticizer concentration increases membrane permeability and hence increased drug release, lowering T<sub>90</sub>. For various response variables, polynomial mathematical models were generated using multiple regression analysis, and found to be statistically significant ( $P < 0.05$ ). The antibacterial efficacy of films was tested on *Pseudomonas* spp. *Bacteroides* spp., indicating good antibacterial activity. Optimized formulations were further used for preparing optimized biodegradable, Metronidazole-Levofloxacin sustained release chip. Conclusively, the films of MZ and LF were successful tools for the management of periodontitis.

**Keywords:** Periodontitis, Metronidazole, levofloxacin, poly(D,L-lactide-co-glycolide) (PLGA), diethyl phthalate, biodegradable Periodontal chips, Intra-pocket device.

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### Introduction

Periodontitis is a chronic bacterial infection that affects the gums and bones supporting teeth, untreated gingivitis can advance to periodontitis [1]. Gingivitis is often caused by inadequate oral hygiene. Periodontal disease can affect one tooth or many teeth. It begins when the bacteria in plaque as the disease progresses, the pockets deepen and more gum tissues and bone are destroyed. Often this destructive process has very mild symptoms. Eventually teeth become loosened and may have to be removed. Periodontal pocket provides an ideal environment for the growth of anaerobic pathogenic bacteria such as actinobacillus

Actinomycetemcomitans, Bacteroidesgingivalis, Bacteroidesmelaninogenicus subspecies intermedius, Porphyromonasgingivalis and Prevotellaintermedia [2]. In combination therapy, selection of drugs should be made such that it targets a wide range of proliferating bacteria. Metronidazole (MZ) is considered as a front-line chemotherapeutic agent and is selectively active against obligate anaerobic microbes residing into inflamed periodontal pockets. Also, therapeutic concentration is attained early as it has lower minimum inhibitory concentration (MIC) for the treatment and management of periodontitis [3,4]. In addition to MZ, levofloxacin (LF) has been used due to

its activity against facultative anaerobic periodontopathic bacteria. LF is an active isomer of ofloxacin which is twice active in comparison to ofloxacin and widely used for the treatment of periodontal diseases [5].

Antimicrobial agents Metronidazole (MZ) and levofloxacin (LF) are widely employed for treatment of periodontitis, but high oral dose and resistance development after long-term oral administration limit their use. The most common side effects of both drugs are those involving GIT (nausea, vomiting, gastric irritation), hepatic, CNS (headache, dizziness), hematological (anemia, neutropenia), and rarely respiratory [6,7]. In order to achieve high local bioactivity and low systemic side effects of antibiotics in the treatment of periodontal infections, a localized controlled delivery system is desirable [8-12].

Therefore, the present study was performed to fabricate biodegradable Metronidazole-Levofloxacin sustained release chip containing different concentration of polymer poly (d,l-lactide-co-glycolide) (PLGA) & plasticizer diethyl phthalate and optimization, evaluation of sustained release Metronidazole-Levofloxacin chip for the treatment of periodontal disease. The localized administration of MZ and LF could be advantageous for the improvement of periodontal condition in patients in terms of targeting the pathogens in the pockets and decreasing systemic side effects and healing time simultaneously leading to quick regeneration of the destructed tissues.

## Materials & Methods

### Materials

Metronidazole (API), Levofloxacin (API) & poly(DL-lactide-co-glycolide) was obtained as a gift sample from Wockhardt Research Centre, Aurangabad, Maharashtra, India. Diethyl phthalate and solvents like Acetic Acid, Methylene chloride & Chloroform were procured from R.S. Enterprises, Jaipur, India manufactured by Central Drug House (P) Ltd – CDH, New Delhi, India. All chemicals used were of analytical grade.

### Methods

#### Preformulation Studies

Preformulation studies are useful in determining the formulation components, physicochemical properties of new drug substance, development of analytical method and compatibility of drug substance with common excipients. Physicochemical Evaluation of the drug involves its Organoleptic evaluation & Identification of the Drug Sample by determining Solubility, Partition Coefficient, Melting Point Determination, DSC and FTIR.

Analytical methodologies include Spectrophotometric Analysis of Drug i.e. Scanning of the drug in Water &

in McIlvaine Buffer pH-7.8 and Preparation of the Standard Curve in Water & in McIlvaine Buffer pH-7.8. Finally compatibility studies performed between drug and Excipients to observe interaction.

#### Preparation of biodegradable sustained release Metronidazole-Levofloxacin chip

Selection of Solvent for Formulation: Drug, polymer & plasticizer should be completely dissolved in the solvent. Therefore various solvents were used for good formulation. Four trials were done for selection of solvent i.e. Acetic Acid, Methylene chloride, Chloroform & combination of Acetic acid and Methylene chloride (1:1). Initially all formulations were observed for their mechanical property, bioadhesion, thickness property but without incorporating drug.

#### Optimization of Ratio of Polymer and Concentration of Plasticizer

The optimization of the concentration of poly(d,l-lactide-co-glycolide) (PLGA) was necessary for preparation of formulation and drug release parameter. Plasticizer concentration is optimized so that Mechanical strength of film obtained and bioadhesion property was achieved. Formulation was prepared using various concentration of PLGA and using Methylene Chloride as solvent and diethyl phthalate (20%, 30% & 40% v/w of that of polymer) as a plasticizer using magnetic stirrer in a closed beaker and stirred until a clear solution was obtained. Drugs, sieved through #300, were dispersed into polymeric solution and mixing by Magnetic stirrer until it was homogenous. The resultant polymeric mixture was cast on leveled petri plate, and dried at room temperature under an inverted funnel for 24 hr.

#### Fabrication of Metronidazole & Levofloxacin chips by solvent casting method

After optimization three different quantities of poly(d,l-lactide-co-glycolide) (PLGA), with three different concentration of plasticizer diethyl phthalate, was dispersed in acetic acid. 500mg each of Metronidazole and levofloxacin were dispersed into polymeric solution and the resultant polymeric mixture was cast in 0.3cm<sup>2</sup> frames placed on leveled petri plate of 9cm<sup>2</sup> diameter, and dried at room temperature under an inverted funnel for 24 hr. The films were subdivided into chip (10 × 3 mm = 30mm<sup>2</sup>).

Since 28.26cm<sup>2</sup> area of petri plate containing = 500mg of drug (each)

Hence 0.3 cm<sup>2</sup> chip/film on petri plate contained = 5.3mg of drug (each)

All the formulation formulated and film were cut in size (10×3 mm) of chip, and store in air tight container. Hence each chip contained 5mg each of Metronidazole & Levofloxacin with area 30mm<sup>2</sup>.

These formulations were evaluated for their physical characteristics, total drug contents, drug release and in vitro antimicrobial activity.

**Table 1: Composition of sustained released Film**

Formulation	Metronidazole (mg)	Levofloxacin (mg)	poly(d,l-lactide-co-glycolide) (mg)	Diethyl phthalate Plasticizer (ml)
F1	500	500	1000	0.2
F2	500	500	1000	0.3
F3	500	500	1000	0.4
F4	500	500	1500	0.3
F5	500	500	1500	0.45
F6	500	500	1500	0.6
F7	500	500	2000	0.4
F8	500	500	2000	0.6
F9	500	500	2000	0.8

**Characterization of biodegradable Sustained Release Metronidazole-Levofloxacin Chip [13-15] Thickness & weight variation of the Sustained Release Chip**

The thickness of each periodontal film was measured using digital screw gauge (Mitutoyo Digimatic micrometer) at different positions of the chips and the average was calculated. For determining weight variation chips of same size (10×3 mm) were taken. The individual weights were determined and the average weight was calculated.

**Folding Endurance and tensile strength of Sustained Release Chip**

The folding endurance or flexibility of the film was determined by repeatedly folding the film at 180° angle of the plane at the same place until it breaks or folded to 300 times without breaking. The number of times the films folded without breaking as considered as folding endurance.

The Tensile strength of sustained release formulation was evaluated using the Instron Tensile testing Machine (Instron Model 3366). Film (Chip) in special dimensions and free from air bubbles or physical physical imperfections were held between two clamps position at distance of 65 mm. During measurement, the film were pulled by the top clamp at a rate of 50mm/min, and the force and elongation were measured in triplicate when the film broken.

**Surface pH and Swelling Index**

The surface pH of the films was determined in order to check out the possible side effects due to change in pH in vivo, since an acidic or alkaline pH may cause irritation to the periodontal mucosa. The film to be tested was placed in a Petri dish and was moistened with 0.5 ml of distilled water and kept for 1 h. The pH

was noted after bringing the electrode of the pH meter in contact with the surface of the formulation and allowing equilibrating for 1 minute.

The swelling index was calculated to study the hydration characteristics of the films. After drying in an oven, the 1×1 cm films were weighed (W1) and allowed to swell in petri dish (3.5 cm diameter) containing 5 ml McIlvaine buffer (pH 6.6). At predefined intervals up to 24 h, the swollen films were reweighed (W2) after drying the excess of water from the surface of films using filter paper (19). The swelling index of each system was calculated using the following equation:

$$\% \text{ Swelling index} = \frac{W2-W1}{W1} \times 100 \dots \dots \dots \text{Eq.1}$$

**Estimation of Total Drug Content and Drug Content Uniformity of Chip:**

For determination of total drug content and uniformity of drug content, 4 chips (10×3 mm) from each formulation were weighed individually and placed in a 100 ml volumetric flask containing mixture (1:1) of Acetic acid and Methylene Chloride to dissolve the chip and the volume was made up in McIlvaine buffer (pH 7.8). The resultant solution was filtered through a G-2 glass filter. An aliquot of the filtrate was suitably diluted and analyzed for Metronidazole contents at 319.20 nm and for Levofloxacin contents at 289nm in UV-Visible Spectrophotometer (UV-1800 Shimadzu).

$$\% \text{ Drug Content} = \frac{\text{Sample Absorbance}}{\text{Standard Absorbance}} \times 100 \dots \dots \dots \text{Eq.2}$$

**In vitro Release study**

The chips of Metronidazole and Levofloxacin were placed in 10mL vials. To these, 5mL of McIlvaine buffer of pH 7.8 was transferred and tightly closed. The temperature of the dissolution medium was maintained at 37°C by placing the vial in an incubator. Every 24 hr the dissolution medium was taken out and replaced with fresh medium. The amount of

drug(Metronidazole) released into the medium was determined by measuring the absorbance at 320nm using a Shimadzu- 1800UV PC spectrophotometer after suitable dilution and the amount of drug(Levofloxacin) released into the medium was determined by measuring the absorbance at 289nm using a Shimadzu- 1800UV PC spectrophotometer

after suitable dilution. The *in-vitro* study was done with three replicates for 6 days. The formulations which had shown good release profile was chosen for the *in-vitro* microbial study. Cumulative drug release was calculated on the basis of mean amount of DOM present in the respective tablet by the formula:

$$\text{Amount released (mg)} = \frac{\text{Concentration} \times \text{Bath volume} \times \text{Dilution factor}}{1000} \dots\dots\dots \text{Eq.3}$$

$$\text{Percent drug release (PDR)} = \frac{\text{Amount released}}{\text{Drug content}} \times 100 \dots\dots\dots \text{Eq.4}$$

**Determination of Residual Drug Content in Chip**

Residual drug content of chip was determined by dissolving residual chip in 0.5ml Methylene Chloride in 100mL volumetric flask volume was made up by McIlvaine buffer pH-7.8 and the resultant solution was filtered through a G-2 glass filter. An aliquot of the filtrate was suitably diluted and analyzed for Metronidazole and Levofloxacin contents at 320nm and 289nm in UV-Visible Spectrophotometer (UV-1800 Shimadzu).

**Mass Balance Studies**

The mass balance studies are conducted as all the drug in the chip was not released within the period of static dissolution study. Following the *in-vitro* release studies (static) the test Chip were analysed to determine the remaining drug content in the chip. After drying each chip the residual drug content could be analyzed by dissolving in 0.5ml Methylene chloride and diluted suitably with McIlvaine buffer pH-7.8. The resultant solution was filtered through a G-2 glass filter. An aliquot of the filtrate was suitably diluted and analyzed for Metronidazole contents at 320nm and Levofloxacin at 289nm in UV- Visible Spectrophotometer (UV-1800 Shimadzu) respectively. The amount of drug released into the dissolution medium plus residual drug content in the films were accounted and compared for actual drug content.

**FTIR Spectroscopy**

The Spectra were recorded from 4000- 600cm<sup>-1</sup>, using FTIR spectrophotometer (FTIR 8400s, Shimadzu) on samples prepared as KBr disks (1 mg of sample and 50 mg of KBr) and compared with the only drug without formation of complexes identified on the basis of appearance of a new peaks and disappearance of some identified peaks from the spectrum of pure drug.

**3.9 Thermal analysis studies**

Thermal analysis studies were done by Thermo gravimetry analysis (TGA). Formulation was examined by means of Thermo gravimetry analyzer. These experiments were performed on a DTG-60 TGA(Shimadzu, Japan) The samples was placed in an

aluminum pans before heating under nitrogen environment at a scanning rate of 10°C min<sup>-1</sup>, from 25°C to 400°C.

**Result & Discussion**

Organoleptic properties of drug indicated that drugs were almost white in color and odourless. The melting point of Metronidazole and Levofloxacin was recorded at 161.1°C and 215.3°C respectively. The partition coefficient value P was found to be 2.54±0.125 & - 0.02±0.001 respectively.

The solubility of Metronidazole in different media viz. in water, ethanol, acetic acid, Dimethyl Chloride and McIlvainebuffer pH 7.8 was found to be 9.5mg/ml, 5mg/ml, 6.5mg/ml, 4.12mg/ml and 2mg/ml respectively. The solubility of Levofloxacin in different media viz. in water, ethanol, acetic acid, Dimethyl Chloride and McIlvainebuffer pH 7.8 was found to be 25mg/ml, 1mg/ml, 92mg/ml, 101mg/ml and 98mg/ml respectively.

Drug and drug polymer interaction studies were successfully carried out. Mixtures were found to be stable under selected storage conditions for one month, as there was no change in their physical characteristics. Hence, it was observed that the selected polymer and plasticizer were compatible with both drugs.

Solvent selection was made and acetic acid selected as solvent for the preparation of Metronidazole and Levofloxacin periodontal chips which showed good formulation parameter like thickness, hardness, film appearance etc for the preparation of periodontal chips. Optimization of Polymer amount and Plasticizer's concentration is done by preparing placebo trials of chips with or without drug. It was observed that between 1000-2000mg of polymer, as the amount increases the release rate controlled and after this there is only increase in thickness of the film/chip; diethylphthalate (20%, 30 % & 40% v/w of that of polymer) selected as plasticizer.

Nine formulations of polymer PLGA[85:15] with plasticizer in optimized ratio were prepared of Metronidazole-Levofloxacin by solvent casting method

using factorial design. All formulations were characterized for drug content, phase solubility studies, *in-vitro* dissolution studies, Fourier-transform infrared (FTIR) spectroscopy, and *in-vitro* antimicrobial activity.

**Thickness & weight variation of the Sustained Release Chip**

All the Chips were found in uniformity for weight, as well as the thickness of all chips were below 0.5mm which was also good for inserting dental pockets. The data is shown in Table 2.

**Table 2: Physical characteristics of drug loaded chip containing PLGA [85:15]**

Batch/Chip Code	Weight	Thickness
MLC-1	7.7 ± 0.14	0.287 ± 0.03
MLC-2	7.9 ± 0.12	0.271 ± 0.01
MLC-3	7.6 ± 0.14	0.276 ± 0.02
MLC-4	10.6 ± 0.12	0.354 ± 0.01
MLC-5	10.1 ± 0.14	0.325 ± 0.01
MLC-6	10.5 ± 0.16	0.34 ± 0.02
MLC-7	11.2 ± 0.1	0.458 ± 0.02
MLC-8	11.7 ± 0.12	0.444 ± 0.01
MLC-9	11 ± 0.12	0.462 ± 0.02

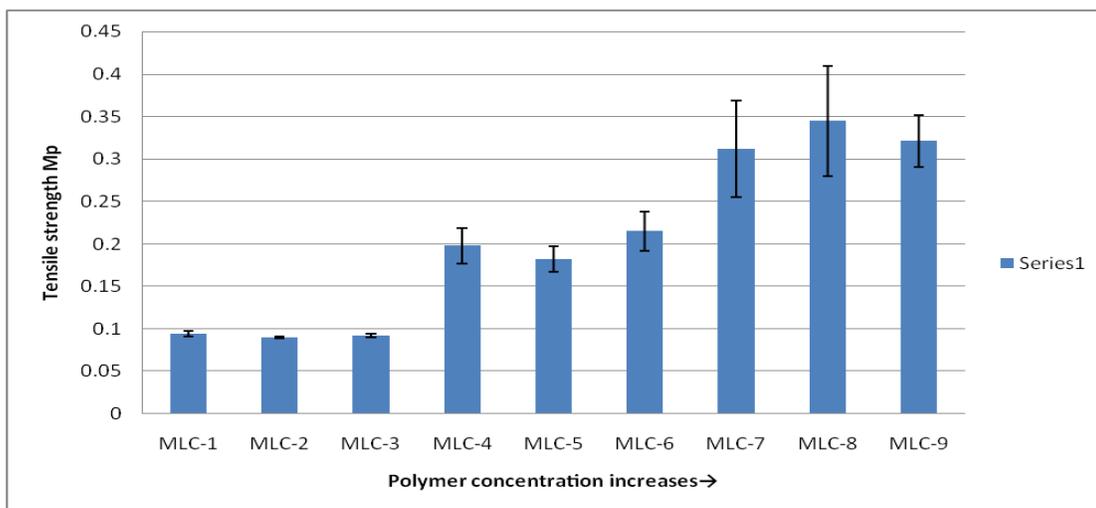
**Folding Endurance and tensile strength of Sustained Release Chip**

Folding endurance & Tensile strength of all formulations was evaluated and it was observed that both the parameters increased by increasing polymer

concentration but decreases with addition of the drug. It was also found that the tensile strength increases with increase in concentration of polymer. The data is shown in Table 3. Fig. 2 showing effect of PLGA [85:15] on tensile strength of chip.

**Table 3: Folding endurance & Tensile strength of chips containing PLGA [85:15]**

Chip Code	Folding endurance (Mean±SD)	Tensile strength (Mean±SD) Mp
MLC-1	294 ± 0.25	0.094 ± 0.003
MLC-2	299 ± 0.12	0.09 ± 0.001
MLC-3	309 ± 0.23	0.092 ± 0.002
MLC-4	297 ± 0.56	0.198 ± 0.021
MLC-5	305 ± 0.78	0.182 ± 0.015
MLC-6	317 ± 0.28	0.215 ± 0.023
MLC-7	296 ± 0.45	0.312 ± 0.057
MLC-8	304 ± 0.12	0.345 ± 0.065
MLC-9	311 ± 0.45	0.321 ± 0.031



**Fig. 2: Effect of PLGA [85:15] on tensile strength**

**Surface pH and Swelling Index**

Surface pH & Swelling Index all the formulations were determined. Surface pH of all the formulations were found to have pH between 6 –7 may not cause any

irritation. Swelling index of all formulations containing PLGA [85:15] was calculated. It was observed that as the concentration of polymer increased, swelling index also increased. The data is shown in Table 4.

**Table 4: Surface pH & Swelling Index of chips containing PLGA [85:15]**

Batch/Chip Code	Surface pH	Swelling Index (%) (Mean±SD)
MLC-1	6.56 ± 0.07	24.5 ± 0.6
MLC-2	6.59 ± 0.05	25.9 ± 0.4
MLC-3	6.72 ± 0.03	27 ± 0.7
MLC-4	6.65 ± 0.08	31.4 ± 0.8
MLC-5	6.59 ± 0.09	32.6 ± 0.7
MLC-6	6.5 ± 0.07	33.3 ± 0.5
MLC-7	6.52 ± 0.02	35.4 ± 0.2
MLC-8	6.58 ± 0.07	35.8 ± 0.4
MLC-9	6.63 ± 0.09	38.6 ± 0.4

**Estimation of Total Drug Content and Drug Content Uniformity of Chip**

The percent drug content of the chips was found between 85.53%-93.40% of Levofloxacin, containing PLGA [85:15]. The percent drug content of the chips was found between 87.11%-94.65% of Metronidazole,

containing PLGA [85:15]. Drug content of all the formulations was found to be within the limits. It was observed that as the amount of polymer increases drug content also increases proportionally. The data is shown in Table 5 & 6.

**Table 5: Total drug content and drug content uniformity- Metronidazole**

Chip code	Absorbance (nm)	Total drug contents (µg)	Theoretical drug content (µg)	% Drug Content* (Mean±SD)
MLC-1	0.286	4533.3	5300	85.53
MLC-2	0.299	4750	5300	89.62
MLC-3	0.294	4666.7	5300	88.05
MLC-4	0.304	4833.3	5300	91.19
MLC-5	0.307	4883.3	5300	92.14
MLC-6	0.311	4950	5300	93.4
MLC-7	0.296	4700	5300	88.68
MLC-8	0.301	4783.3	5300	90.25
MLC-9	0.302	4800	5300	90.57

**Table 6: Total drug content and drug content uniformity- Levofloxacin**

Chip code	Absorbance (nm)	Total drug contents (µg)	Theoretical drug content (µg)	% Drug Content* (Mean±SD)
MLC-1	0.291	4616.7	5300	87.11
MLC-2	0.295	4683.3	5300	88.36
MLC-3	0.299	4750	5300	89.62
MLC-4	0.309	4916.7	5300	92.77
MLC-5	0.311	4950	5300	93.4
MLC-6	0.315	5016.7	5300	94.65
MLC-7	0.301	4783.3	5300	90.25
MLC-8	0.305	4850	5300	91.51
MLC-9	0.307	4883.3	5300	92.14

**In vitro Release study**

In-Vitro Release Studies was assessed and it was observed that initially drug release was at burst effect but later on sustained effect and up to 5 days drug release was in the range of MIC for various Microbes

associated with periodontal disease. Drug release data showed that formulation containing 1500mg polymer with 40% v/w plasticizer was best formulation due to release up to 5 days with maximum release. The data is shown in Table 7 & 8.

**Table 7: Dissolution Time-Profile of Metronidazole of Chip Containing PLGA [85:15]**

Time (days)	% Cumulative drug release*(Mean±SD)								
	Formulation Code								
	MLC-1	MLC-2	MLC-3	MLC-4	MLC-5	MLC-6	MLC-7	MLC-8	MLC-9
1	63.51 ± 0.42	64.61 ± 0.19	64.61 ± 0.34	65.55 ± 0.13	66.66 ± 0.28	67.76 ± 0.91	63.04 ± 0.91	63.83 ± 0.28	64.61 ± 0.71
2	72.63 ± 0.91	73.73 ± 0.11	75.3 ± 0.28	79.08 ± 0.11	80.81 ± 0.11	81.91 ± 0.65	75.77 ± 0.42	77.03 ± 0.24	78.13 ± 0.42
3	75.42 ± 0.72	76.56 ± 0.65	79.71 ± 0.13	84.42 ± 0.21	86.12 ± 0.91	88.35 ± 0.42	80.49 ± 0.19	81.59 ± 0.13	83.32 ± 0.65
4	77.03 ± 0.11	78.13 ± 0.13	81.22 ± 0.91	86.42 ± 0.42	88.2 ± 0.65	91.02 ± 0.71	82.06 ± 0.71	83.01 ± 0.24	85.05 ± 0.28
5	77.19 ± 0.91	78.29 ± 0.65	81.44 ± 0.17	86.62 ± 0.71	88.35 ± 0.11	91.18 ± 0.11	82.22 ± 0.22	83.16 ± 0.42	85.21 ± 0.17

Drug content (theoretical) -5.3mg

Static dissolution conditions are: Temperature=37° C

Medium = McIlvaine buffer, pH 7.8 (5 ml) Dilution factor = 100ml

**Table 8: Dissolution Time-Profile of Levofloxacin of Chip Containing PLGA [85:15]**

Time (days)	% Cumulative drug release*(Mean±SD)								
	Formulation Code								
	MLC-1	MLC-2	MLC-3	MLC-4	MLC-5	MLC-6	MLC-7	MLC-8	MLC-9
1	67.29 ± 0.48	68.39 ± 0.51	68.39 ± 0.48	69.33 ± 0.82	70.44 ± 0.48	71.54 ± 0.19	66.82 ± 0.48	67.61 ± 0.24	68.39 ± 0.24
2	76.41 ± 0.71	77.51 ± 0.24	79.08 ± 0.19	82.86 ± 0.24	84.59 ± 0.92	85.69 ± 0.92	79.55 ± 0.78	80.81 ± 0.92	81.91 ± 0.24
3	79.2 ± 0.12	80.34 ± 0.15	83.49 ± 0.15	88.20 ± 0.92	89.9 ± 0.25	92.13 ± 0.24	84.27 ± 0.12	85.37 ± 0.19	87.10 ± 0.12
4	80.81 ± 0.92	81.91 ± 0.71	85.0 ± 0.19	90.2 ± 0.71	91.98 ± 0.24	94.8 ± 0.48	85.84 ± 0.15	86.79 ± 0.15	88.83 ± 0.19
5	80.97 ± 0.57	82.07 ± 0.12	85.22 ± 0.48	90.40 ± 0.82	92.13 ± 0.92	94.96 ± 0.71	86.00 ± 0.71	86.94 ± 0.71	88.99 ± 0.78

Drug content (theoretical) -5.3mg

Static dissolution conditions are: Temperature=37° C

Medium = McIlvaine buffer, pH 7.8 (5 ml) Dilution factor = 100ml

#### Determination of Residual Drug Content in Chip

Residual drug content for all formulation were determined and show that there was not any drug polymer interaction and there was not formulation of any strong bond between polymer and drug. The data is shown in Table 9 & 10.

#### Mass Balance Studies

The mass balance studies were attempted and the total amount of drug loaded in the films was accounted for in vitro evaluation. In all the cases the amount of drug released (in static dissolution studies) plus the

recovered residual drug content did not deviate by more than 3 %. This also concludes that drug is in free form rather than chemically or physically bound to polymer. Formulation MLC-6 showed maximum release of Metronidazole & Levofloxacin with minimal residual concentration and minimum mass balance. The data is shown in Table 9 & 10. Fig 3 & 4 showing % drug Release, % Residual & % Mass Balance in PLGA [85:15] chip of Metronidazole & Levofloxacin respectively.

**Table 9: Mass balance studies of Metronidazole of chips containing PLGA [85:15]**

Chip code	% drug Release (Metronidazole)	% Residual drug (Metronidazole)	% total drug content	% Mass Balance
MLC-1	77.19	20.82	98.01	1.99
MLC-2	78.29	21.75	99.04	0.96
MLC-3	81.44	17.57	99.01	0.99
MLC-4	86.62	11.88	98.50	1.50
MLC-5	88.35	11.65	99.00	1.00

MLC-6	91.18	08.17	99.35	0.65
MLC-7	82.22	16.75	98.97	1.03
MLC-8	83.16	15.54	98.70	1.30
MLC-9	85.21	12.82	98.03	1.97

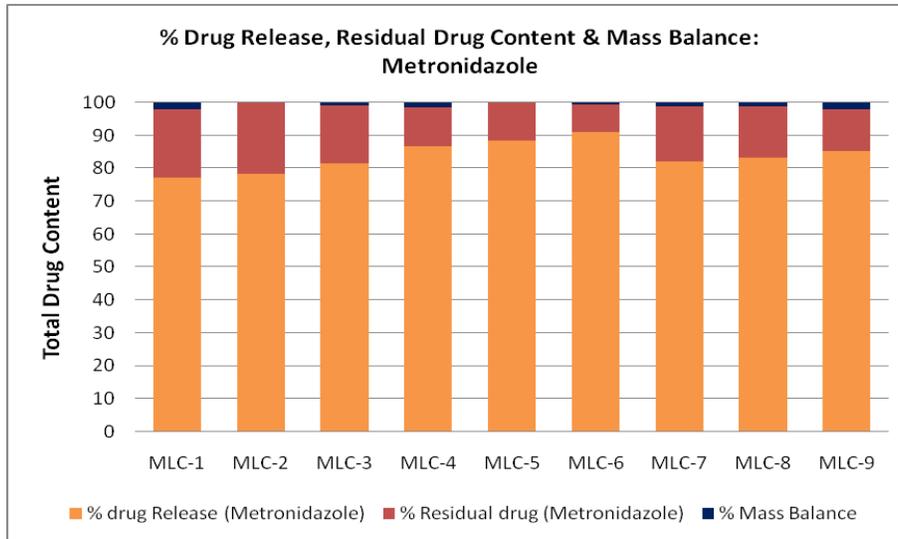


Fig 3: % drug Release, % Residual & % Mass Balance of Metronidazole in PLGA [85:15] chips

Table 10: Mass balance studies of Levofloxacin of chips containing PLGA [85:15]

Chip code	% drug Release (Levofloxacin)	% Residual drug (Levofloxacin)	% total drug content	% Mass Balance
MLC-1	80.97	18.25	99.22	0.78
MLC-2	82.07	15.81	97.88	2.12
MLC-3	85.22	13.46	98.68	1.32
MLC-4	90.40	8.27	98.67	1.33
MLC-5	92.13	6.85	98.98	1.02
MLC-6	94.96	4.15	99.11	0.89
MLC-7	86.00	12.18	98.18	1.82
MLC-8	86.94	11.17	98.11	1.89
MLC-9	88.99	10.00	98.99	1.01

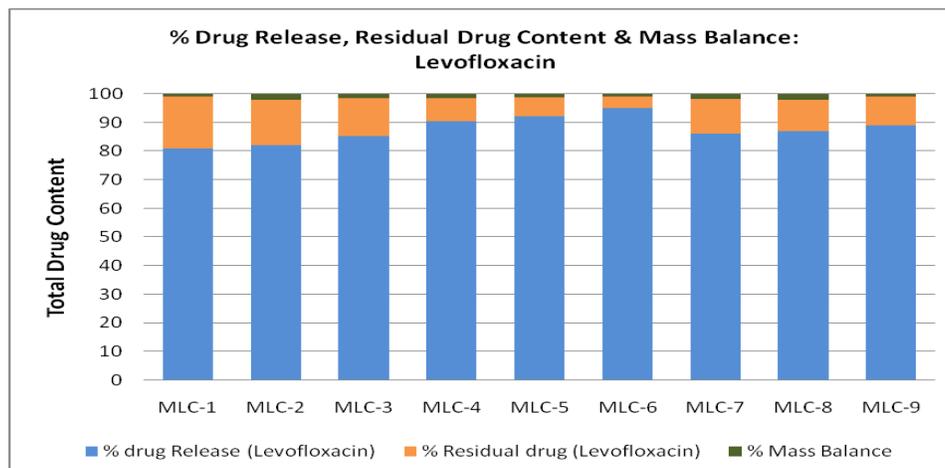


Fig 4: % drug Release, % Residual & % Mass Balance of Levofloxacin in PLGA [85:15] chips

**FTIR Spectroscopy**

FTIR spectrometric analysis was done for all the prepared formulations and result showed that there was not appearance of any new peak(s) and disappearance of peak(s) from formulation containing different concentration of polymer.

**Thermal analysis studies**

A thermal analysis study was done by means of Thermo gravimetry analyzer. TGA show that there was not weight loss due to increase temperature up to 100°C., so in formulation the amount of solvent was evaporated after 48 hours.

**Optimization of drug loaded Film Formulation Using 3<sup>2</sup> Full Factorial Designs**

To know the actual amount and effect of two independent variables on three different quantitative levels i.e. concentration of Poly (X<sub>1</sub>) and concentration of diethyl phthalate (X<sub>2</sub>) on responses 3<sup>2</sup> full factorial design was used. In this design, concentrations of Poly

and diethyl phthalate were used as independent variables; while folding endurance, swelling index and % drug release were selected as response variables. The detailed layout of factorial batches is shown in Table 11.

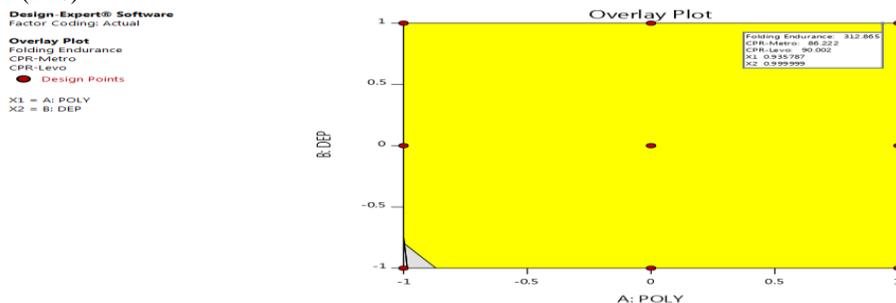
The equations containing independent variables and response variables were obtained by statistical evaluation. Design Expert 11.0.4 was used to perform multiple linear regressions to determine the control factors which have major impact on the responses. Polynomial equation for 3<sup>2</sup> full factorial design:  $Y = b_0 + b_1X_1 + b_2X_2 + b_{11}X_1X_1 + b_{22}X_2X_2 + b_{12}X_1X_2$  was used.

In this equation, Y is the dependent variable, b<sub>0</sub> is the arithmetic mean response of the 9 factorial batches and b<sub>i</sub> is the estimated coefficient for the independent factor X<sub>i</sub>. The terms of full model having non-significant p value (p > 0.05) have negligible contribution hence they were neglected.

**Table 11: 3<sup>2</sup> Full Factorial Design Layout (MLC PLGA 85:15)**

Batch Codes	Variable Levels in Coded Form		folding endurance	% CPR Metronidazole	% CPR Levofloxacin
	X <sub>1</sub>	X <sub>2</sub>	(Mp)	Disso (%)	Disso (%)
MLC-1	-1	-1	294	77.19	80.97
MLC-2	-1	0	299	78.29	82.07
MLC-3	-1	1	309	81.44	85.22
MLC-4	0	-1	297	86.62	90.4
MLC-5	0	0	305	88.35	92.13
MLC-6	0	1	317	91.18	94.96
MLC-7	1	-1	296	82.22	86
MLC-8	1	0	304	83.16	86.94
MLC-9	1	1	311	85.21	88.99
<b>OPT</b>	<b>0.936</b>	<b>1.000</b>	<b>312.86</b>	<b>86.22</b>	<b>90.00</b>
Coded values	Actual values				
	X <sub>1</sub> (mg)	X <sub>2</sub> (% of X <sub>1</sub> )			
-1	1000	20			
0	1500	30			
1	2000	40			

X<sub>1</sub> indicates amount of PLGA [85:15] (mg); X<sub>2</sub>, quantity of Diethyl Phthalate (mL); PCP used as checks point and optimized batch. (n=6)



**Fig. 5: Overlay Plot for Predicted Optimized Formulation of ML Chips (PLGA 85:15)**

**Table 12: Optimization of Metronidazole-Levofloxacin Chips (PLGA 85:15)**

		Constraints			
Name		Goal	Lower Limit	Upper Limit	
A:POLY		is in range	-1	1	
B:DEP		is in range	-1	1	
folding endurance		Maximize	294	317	
% Mteronidazole release		is target = 90	77.19	91.18	
% Levofloxacin release		is target = 90	80.97	94.96	
Solution					
POLY (X <sub>1</sub> )	DEP (X <sub>2</sub> )	folding endurance	% Metronidazole Release	% Levofloxacin release	Desirability
0.936	1.000	312.866	86.220	90.000	0.833

**Formulation & Evaluation of optimized sustained release chips**

The optimized Metronidazole-Levofloxacin periodontal chip was prepared with the optimized amount of polymer PLGA and plasticizer diethyl phthalate suggested by the software and evaluated for

all the parameter above mentioned in phrases 3.1 to 3.9. It was observed that all formulation showed the appropriate *in-vitro* release as proposed by the software. It was also observed that chips prepared using PLGA 85:15 (F1) showed good and controlled release of both drugs.

**Table 13: Development & Evaluation of Optimized Formulation**

Ingredients/Formulation	OPT PLGA 85:15 (F1)
Metronidazole (mg)	500
Levofloxacin (mg)	500
poly(PLGA 85:15) (mg)	1968
poly(PLGA 75:25) (mg)	-
Diethyl phthalate (ml) (40% of POLY)	0.78
Evaluation	
Weight (mg) (0.3cm <sup>2</sup> area chip)	13.2 ± 0.17
Thickness (mm)	0.52
Folding endurance	318 ± 0.25
Tensile strength (Mp)	0.341 ± 0.045
Surface pH	6.52 ± 0.04
Swelling Index	37.8 ± 0.5
Drug content Uniformity (Metro)	90.51
Drug content Uniformity (Levo)	93.45
<i>In-vitro</i> Drug release (%) Q <sub>5days</sub> (Metronidazole)	88.17
<i>In-vitro</i> Drug release (%) Q <sub>5days</sub> (Levofloxacin)	91.25

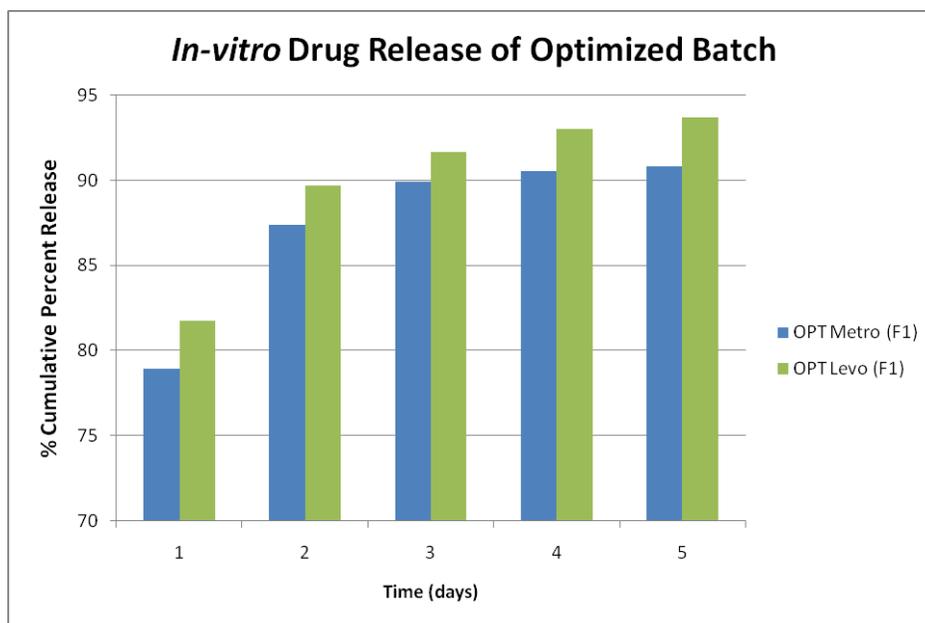
Table 14(a-b) shows release profile of Metronidazole & Levofloxacin from chips containing PLGA 85:15 respectively. The prepared chips were evaluated for its physiochemical properties, kinetics and stability studies. Fig. 6 shows comparison of Percent Drug Release of Optimized formulations.

**Table 14(a): Dissolution profile of Metronidazole from chips containing PLGA [85:15]**

Time in days	Avg. Abs. (nm)	Conc. of drug released (µg)	Cumulative release (µg)	% Conc. of drug released
0	0	0	0	0
1	0.265	4183.3	4183.3	78.93
2	0.041	450.0	4633.3	87.42
3	0.022	133.3	4766.7	89.94
4	0.016	33.3	4800.0	90.57
5	0.015	16.7	4816.7	90.86

**Table 14(b): Dissolution profile of Levofloxacin from chips containing PLGA [85:15]**

Time in days	Avg. Abs. (nm)	Conc. of drug released ( $\mu\text{g}$ )	Cumulative release ( $\mu\text{g}$ )	% Conc. of drug released
0	0	0	0	0
1	0.261	4333.3	4333.3	81.76
2	0.038	421.1	4754.4	89.71
3	0.020	105.3	4859.6	91.69
4	0.018	70.2	4929.8	93.02
5	0.016	35.1	4964.9	93.68

**Fig. 6: Comparison of Percent Drug Release of Optimized formulations****Release Kinetic Study [16-20]**

Several theories and kinetic models describe the dissolution of drug from immediate release and modified release dosage forms. There are several models to represent the drug release profiles where it is a function of time related to the amount of drug dissolved from the pharmaceutical dosage form. Drug dissolved from solid dosage forms has been described by kinetic models in which the dissolved amount of drug (Q) is a function of the test time, t or Q(t). Some

analytical definitions of the Q(t) function are commonly used, such as zero order, first order, Higuchi, Hixson–Crowell, Korsmeyer–Peppas. These models are used to characterize drug dissolution/release profiles.

Model fitting was done to observe the release pattern of the drug(s) from the chips for all the optimized formulation. It was observed that all the formulation followed KorsmeyerPeppas model release kinetics as the  $R^2$  value is maximum and approaches to 1 for F1.

**Table 15: Value of various parameters after Model fitting on Optimized formulations**

Parameter	Zero Order		first order		Korsmeyer-Peppas		Hixson–Crowell		Higuchi	
	F1 (Metro)	F1 (Levo)	F1 (Metro)	F1 (Levo)	F1 (Metro)	F1 (Levo)	F1 (Metro)	F1 (Levo)	F1 (Metro)	F1 (Levo)
$R^2$	<b>0.729</b>	<b>0.788</b>	<b>0.711</b>	<b>0.753</b>	<b>0.895</b>	<b>0.930</b>	<b>0.776</b>	<b>0.856</b>	<b>0.822</b>	<b>0.870</b>
Slope	0.113	0.113	-0.008	-0.009	0.088	0.084	96.530	91.261	1.902	1.892
Intercept	79.441	81.827	1.680	1.664	1.784	1.803	-11.073	-12.08	71.922	74.433

**In Vitro Antibacterial Activity**

*In vitro* antibacterial activity was performed on all formulations by putting the chip, (10×3mm) in broth

tube seeded with oral bacteria, *Pseudomonas* spp. *Bacteroides* spp. After 48 hours of incubation at 37°C, the chips were transferred onto freshly seeded broth

tubes for an additional 48 hours for incubation. This procedure was repeated until bacterial growth was observed in the broth tube. Similarly control and Standard groups are also studies.

Though all the formulations show about than 90% release in 5 days, of which F1 showed maximum

release with good *in-vitro* antibacterial activity also. It was prepared using 1968mg (i.e. 0.936 parts of 2000mg as suggested by software) of PLGA [85:15] and 0.78ml of Diethyl phthalate (i.e. 40%v/w of PLGA) by solvent casting method using acetic acid as solvent.

**Table 16: Observation of bacterial growth in various formulations**

Formulation Code	Pseudomonas spp.							Bacteroides spp.						
	24 hr	48 hr	72 hr	96 hr	120 hr	148 hr	172 hr	24 hr	48 hr	72 hr	96 Hr	120 hr	148 hr	172 hr
F1	-	-	-	-	-	+	+	-	-	-	-	-	-	+

**Stability Study**

The stability of the entire drug loaded polymer chip was studied at different temperatures using the reported procedure. The chips of size (10 x 3 mm) were weighed in three sets (4 chip in each set). The chips films were wrapped individually in aluminum foil and also in butter paper and placed in Petri dishes. These containers were stored at room temperature (27 ± 2°C), oven temperature (40 ± 2°C) and in a refrigerator (5-8

± 2°C) for a period of three months. All the polymeric chips were observed for any physical changes, such as color, appearance, flexibility, or tensile strength, and the drug content was estimated at an interval of one week. Furthermore, the amount of drug in the chip was estimated spectrophotometrically. Optimized formulation **F-1** also showed very good stability profile.

**Table 17: Stability results of optimized formulation F1**

S. No.	Parameters	Storage Period (Days) at 40±2°C temperature and 75±5% RH				
		7	14	21	28	
1	Physical changes (Tensile strength, elasticity, weight)	Room Temp. (25± 2°C)	satisfactory	satisfactory	satisfactory	satisfactory
2		Oven temp. (40 ± 2°C)	satisfactory	satisfactory	satisfactory	Slight elasticity changes
3		Refrigerator temp. (5-8± 2°C)	satisfactory	satisfactory	satisfactory	satisfactory
4	Drug contents (µg) at Metro-temperatures (°C)	Room Temp. (27± 2°C)	4986	4986	4982	4983
5		Oven temp. (40 ± 2°C)	4991	4992	4988	4989
6		Refrigerator temp. (5-8± 2°C)	4976	4977	4977	4970
7	Drug contents (µg) at Metro-temperatures (°C)	Room Temp. (27± 2°C)	5013	5013	5012	5013
8		Oven temp. (40 ± 2°C)	5025	5020	5008	5006
9		Refrigerator temp. (5-8± 2°C)	4998	4998	4996	4997

**Conclusion**

The present study succeeded in the fabrication of biodegradable, Metronidazole-Levofloxacin sustained release chips of poly(d,l-lactide-co-glycolide) (DL-PLGA 85:15) by solvent casting method. Processing factors such as polymer DL-PLGA 85:15, plasticizer and diethyl phthalate concentration

have significantly affected the physical characteristics of film and were found within acceptable range. PLGA concentration has negatively affected drug release and positively affected T90 due to altered matrix density. On the contrary, plasticizer concentration has positively affected the rate of drug release and negatively affected T90 of both drugs attributed to

increased membrane permeability. The release of drugs from biodegradable chips showed sustained release for 7 days.

Design-Expert® (11.0.4) software was used to study the effect of polymer & plasticizer on release of drugs as well as for designing & optimization of batches; drawing of response surface plots & contour plots; and selection of optimum formulations by desirability plots. For various response variables, polynomial mathematical models were generated using multiple regression analysis, and found to be statistically significant ( $P < 0.05$ ). Optimized formulations were further used for preparing optimized biodegradable, Metronidazole-Levofloxacin sustained release chip. The use of combination of drugs has proven to surpass the potential over single drug film and placebo film during antibacterial study and clinical study. The local delivery of both drugs in a sustained release formula enhances the therapeutic effect of SRP as demonstrated by the measured clinical parameters. Conclusively, such cheap, less resource-requiring film devices have great market potential to administer medication locally into the periodontal pockets for the management of periodontitis.

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